



City of Grosse Pointe Woods presents ~

Labor Day Community Bridge Walk at Lake Front Park

Monday, September 6, 2010 at 9:30 a.m.

Unable to travel to Mackinac for Labor Day?

Participate in the traditional Labor Day Bridge Walk here at Lake Front Park.

- Help to “bridge” active communities throughout Michigan.
- Participate in the Active Michigan Summer initiative organized by the Governor’s Council on Physical Fitness, Health, and Sports.
- Meet at the Activities Building at 9:30 a.m. to receive a t-shirt and map.
- Begin walking shortly after 9:30 a.m.
- Walk approximately 3 miles (2 loops) around the walking path.
- Conclude by crossing the bridge and attending a reception at the tent across from the bathhouse.

“We hope that this year’s bridge walk will be a celebration of health across the state, as well as a promise to continue to strive for a healthier Michigan in years to come.”
- Governor Jennifer M. Granholm

Register by calling the Lake Front Park office at 313-343-2470 by August 27.



Sponsored by the Michigan Governor’s Council on Physical Fitness and Farm Bureau Insurance

